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Tent Peak Climbing - 19 Days

Tent Peak, quite popular as Tharpu Chhuli (5663m / 18580 ft) climbing is one of the most popular trekking peaks in the Annapurna region. Tent Peak climb offers you one of the best opportunities to get a taste of mountaineering in the Himalayas. The top of the Tent Peak offers soul-stirring views of the mountains, including Annapurna, Dhaulagiri, Hiunchuli, and several other peaks.

Tent Peak rises more than five thousand vertical feet above Annapurna Base Camp below the massive south face of Annapurna I, the tenth-highest mountain on the planet. The climbing route ascends non-technical terrain to a snowy, knife-edge summit ridge where climbers are rewarded with stunning views of Annapurna I and nine other peaks taller than 6,000 meters, including the sacred Machhapuchhre.

Tharpu Chuli is a relatively lower elevated peak which is the best climbing practice for those who want to challenge themselves to amateur mountaineering and wish to climb high mountain peaks. It is an easier peak that is not as challenging as Island peak, Mera Peak, Ama Dablam, or Yala Peak.

While climbing this peak, you will be reversing a few technical sections while climbing the peak. This Himalayan adventure demands you to be physically fit, mentally strong, and determined.

It is appropriate for everyone; novices as well as experienced trekkers. Previous experience in high-altitude trekking isn't a requirement yet beneficial and boosts your confidence level. This journey allows you to experience both camping and tea house style of trekking.

A journey to Tent Peak begins and ends and concludes in Kathmandu. Upon your arrival at Kathmandu airport, a representative from Outward Adventure Treks will receive you, welcome you, and shift you to the hotel. Check into your hotel and, in the evening, walk on the lively streets of Thamel.

The next day, we will have a sightseeing program of some of the World Heritage Sites of Kathmandu such as Swyambhunath Stupa (Monkey Temple), Patan/Kathmandu Durbar Square, Pashupatinath, and Boudhanath, etc. In the evening, you will meet your climbing guide, who will brief you about the trip. You will get to learn about the condition of the trekking trail and the challenges lying ahead. Also, you will get the answer to your queries from your guide.

On the following day, we take a picturesque drive on the hilly Prithivi Highway from Kathmandu to Pokhara via Muglin. On the way, we will get the lustrous sceneries of the mountain peaks, rivers, streams, hills, terraced farms, and so on. Upon reaching Pokhara, we check into the hotel for an overnight stay. After getting refreshed, we go to the lakeside and enjoy the views there.

The next day, we drive to Nayapul, where we begin our trek. Today, we reach Tikhedhunga walking alongside Modi Khola with the beautiful mountain scenery. The next day's hike takes us to Ghorepani passing a lot of stone steps via

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Leaving Ghorepani early morning, we hike to Poon Hill to catch the mesmerizing sunrise over the majestic mountain peaks including Annapurna and Dhaulagiri ranges. Watch the sunrise over the Himalayas and make your way to Tadapani village residing on the lap of Fishtail Peak. Walk on the descending stone steps followed by a forested trail to Chomrong. You will be trekking through dense forest to Dovan and trek past the tumbling glacial river, and Hinku Cave will take you to the Machhapuchhre Base Camp (MBC).

From here, we head for Annapurna Base Camp. The majestic views of the Himalayas and glaciers will overwhelm everyone throughout the journey. We spend a day acclimatizing at the Annapurna Base Camp, where we will be doing your pre-climb training (from our climbing experts) and learning the techniques to use the mountaineering gears.

Now, we will be walking passing the rugged terrain and maneuvering a technical section to Tent Peak Base Camp. The following day, we ascend to high camp. The next day, we are summiting the Peak, which will reward you with a stunning view of the Himalayas. For that, we will begin our journey at around 1 am following the steps of our climbing guide. Early in the morning, we summit the peak and get back to Base Camp on the same day.

We retrace our steps back to Bamboo, and on the following day, we reach Jhinu Danda. Here, we take a dip in the natural hot spring at Jhinu Danda, which is known to relieve our aching muscles. Continue your trek to Nayapul, we drive back to Pokhara on the same day.

We, relax and indulge in the activity of our choice, and celebrate the achievement with staff before leaving for the capital city of Nepal, Kathmandu. The next day, the last day of the entire trip will be ended with the airport drop for your international flight.

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ITINERARY IN DETAIL

Day 1: Arrival in Kathmandu (1,338 m/4,390 ft) - Transfer to Hotel

As we step off the plane at Tribhuvan International Airport, the vibrant energy of Kathmandu instantly greets us. The bustling streets, the scent of incense, and the sight of colorful prayer flags fluttering in the wind fill us with excitement for the adventure ahead. A friendly representative from **Outward Adventure Treks** welcomes us with a warm Namaste and assists with our transfer to the hotel. After checking in, we take some time to relax and soak in our first impressions of Nepal's vibrant capital.

In the evening, we explore Thamel, Kathmandu's lively tourist hub, filled with cozy cafes, trekking gear shops, and cultural landmarks. The Outward Adventure Treks team provides a detailed briefing about our upcoming journey, ensuring we're fully prepared. Over a steaming cup of masala chai, we discuss the incredible experiences awaiting us, the towering Himalayas, serene trails, and the exhilarating challenge of summiting Tent Peak. Tomorrow, we'll dive deeper into Kathmandu's rich heritage before embarking on our trek.

Day 2: Kathmandu: Sightseeing and Trip Preparation

Today is dedicated to exploring Kathmandu's UNESCO World Heritage Sites. After breakfast, our knowledgeable guide leads us through the ancient streets to visit sacred sites like Swayambhunath (the Monkey Temple), where we admire panoramic city views and spinning prayer wheels. Next, we explore the historic Durbar Square, marveling at intricate wood carvings and medieval temples that whisper tales of Nepal's royal past.

In the afternoon, we complete our final preparations with Outward Adventure Treks, double-checking our gear and receiving a comprehensive safety briefing. We also take this opportunity to sample delicious Nepali cuisine, savoring momos (dumplings) and dal bhat (lentil curry with rice). As the sun sets over the Kathmandu Valley, we feel a mix of anticipation and readiness for tomorrow's journey to Pokhara, the gateway to the Annapurna region.

Day 3: Drive Kathmandu to Pokhara (822 m/2,697 ft)

We wake up early for our scenic drive to Pokhara, watching as Kathmandu's urban landscape gradually gives way to lush green hills and terraced farmlands. The winding road follows the Trishuli River, offering glimpses of rural Nepali life as we pass through charming villages and roadside markets. Our comfortable tourist bus makes several stops, allowing us to stretch our legs and enjoy the mountain views while sipping on sweet Nepali tea.

As we approach Pokhara in the late afternoon, we're greeted by the stunning sight of Phewa Lake reflecting the snow-capped Annapurna range. After checking into our lakeside hotel, we take a leisurely stroll along the peaceful waterfront, soaking in the relaxed atmosphere of this beautiful city. In the evening, we gather with our Outward Adventure Treks team for a final briefing about the trek ahead while enjoying fresh lake fish and local delicacies at one of Pokhara's excellent restaurants.

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Day 4: Drive Pokhara to Nayapul (1071m/3514ft) and Trek to Thikhedhunga (1,750m/5,741ft) – 2 to 3 hours drive and 4 hours trek

After an early breakfast, we board our vehicle for the short but exciting drive to Nayapul, the starting point of our trek. The road winds through picturesque villages and along the Modi Khola river valley, giving us our first close-up views of the Annapurna foothills. At Nayapul, we meet our porters and do final gear checks before beginning our hike through charming Gurung villages and lush subtropical forests.

The trail gradually ascends alongside the Bhurungdi Khola, crossing several suspension bridges adorned with colorful prayer flags. We stop for lunch at a cozy teahouse in Hille, enjoying our first taste of authentic trekking cuisine. The final stretch to Thikhedhunga involves climbing a steep stone staircase, getting our first real workout of the trek. As we settle into our comfortable teahouse for the night, we're already enchanted by the warm hospitality and the rhythmic sounds of the mountain stream below.

Day 5: Trek Tikhedhunga to Ghorepani (2,874m/9,429ft) – 5 to 6 hours trek

Today's challenging ascent begins immediately as we tackle the famous Ulleri stone staircase - nearly 3,300 steps climbing through beautiful rhododendron forests. We take it slow, stopping frequently to catch our breath and admire the increasingly spectacular views of the Hiunchuli and Annapurna South peaks. The trail levels out as we reach the charming village of Banthanti, where we enjoy hot lemon tea and a well-deserved rest.

After lunch, the path continues through magical moss-covered forests that feel straight out of a fairy tale. As we gain altitude, the vegetation changes noticeably, with towering rhododendron trees creating a natural canopy overhead. We arrive in Ghorepani by mid-afternoon, giving us time to explore this important trading village and acclimatize to the higher elevation. From our teahouse, we're treated to breathtaking sunset views over the Dhaulagiri range, a perfect end to our rewarding day on the trail.

Day 6: Morning Hike to Poon Hill (3,210m/10,529ft) and trek to Tadapani (2,600m/8,528ft) - 5 to 6 hours trek

We rise before dawn for the highlight of our trek so far - the sunrise hike to Poon Hill (3,210m). Armed with headlamps and warm layers, we make the hour-long climb to the viewpoint, where we're rewarded with an unforgettable 360-degree panorama of the Annapurna and Dhaulagiri ranges bathed in golden morning light. The sight of Fishtail Mountain (Machhapuchhre) glowing pink in the first rays of sun is simply magical.

After descending to Ghorepani for breakfast, we continue our journey through enchanting rhododendron forests to Tadapani. The trail offers constantly changing views of the surrounding peaks as we traverse ridges and pass through small settlements. We spot colorful pheasants and possibly even langur monkeys along the way. Arriving in Tadapani by early afternoon, we relax on the teahouse porch with uninterrupted views of Annapurna South and Machhapuchhre, already feeling deeply connected to these magnificent mountains.

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Day 7: Trek Tadapani to Chhomrong (2,170m/7,118ft) – 5 to 6 hours trek

Today's trek takes us down into the Modi Khola valley, beginning with a steep descent through lush forests alive with birdsong. We cross the Kimrong Khola on a swaying suspension bridge before starting our climb up the other side of the valley. The trail offers spectacular views of Gangapurna and the Fishtail peak, with every turn revealing new perspectives of these Himalayan giants.

After lunch in the Gurung village of Ghandruk, we descend stone steps through terraced fields to the river before making our final ascent to Chhomrong. This large village sits dramatically on a hillside, with its stone houses seemingly stacked one above another. As we settle into our teahouse, we're treated to stunning sunset views over the valley. Chhomrong marks the gateway to the Annapurna Sanctuary, and we can feel the anticipation building among our group as we prepare to enter this sacred mountain cirque tomorrow.

Day 8: Trek Chhomrong to Dovan (2,600m/8,530ft) - 5 to 6 hours trek

Our journey into the Annapurna Sanctuary begins with a steep descent to Chhomrong Khola, crossing another impressive suspension bridge before starting the long climb up to Sinuwa. The morning light filtering through the dense forest creates a mystical atmosphere as we navigate stone steps worn smooth by generations of trekkers and local porters. At Sinuwa, we pause to catch our breath and enjoy spectacular views back down the valley we've just traversed.

The trail then leads us through enchanting bamboo and rhododendron forests to Bamboo village, where we stop for lunch. The afternoon section takes us deeper into the sanctuary, with the valley walls gradually closing in around us. We notice the air getting cooler and the vegetation changing as we gain altitude. Arriving in Dovan by mid-afternoon, we're surrounded by towering cliffs that hint at the dramatic landscapes awaiting us further up the valley. The peaceful atmosphere and the sound of the rushing river make this a perfect place to rest and acclimatize.

Day 9: Trek Dovan to Machhapuchhre Base Camp (3,700m/12,136ft) - 4 to 5 hours trek

Today's hike takes us into the heart of the Annapurna Sanctuary, with every step revealing more breathtaking mountain scenery. We pass through Himalayan Hotel and Hinku Cave, where the valley narrows dramatically and the air becomes noticeably thinner. The trail winds through alpine meadows dotted with wildflowers, with the towering peaks of Hiunchuli and Machhapuchhre looming ever closer.

As we approach Deurali, the landscape becomes more rugged and glacial, with massive boulders and moraines reminding us of the powerful geological forces that shaped this valley. The final ascent to Machhapuchhre Base Camp is challenging but incredibly rewarding, with the Fishtail peak appearing suddenly before us in all its glory. Arriving at MBC in the afternoon, we're surrounded by a spectacular amphitheater of snow-capped peaks. We spend the evening marveling at the alpenglow on the mountains, knowing that tomorrow we'll reach our ultimate destination - Annapurna Base Camp.

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Day 10: Trek Machhapuchhre Base Camp to Annapurna Base Camp (4,130m/13,547ft) - 2 to 3 hours trek

We wake to crystal-clear skies and begin our short but spectacular hike to Annapurna Base Camp. The trail climbs gently through a glacial basin, with the surrounding peaks appearing to grow taller with every step. The final approach to ABC is nothing short of magical - we find ourselves completely surrounded by towering Himalayan giants, with Annapurna I (8,091m) dominating the scene to our north and the impressive south face of Annapurna South to our west.

After settling into our basic but comfortable lodge, we spend the day exploring this incredible location. Some of us join our guide for a short acclimatization hike to get closer views of the glaciers, while others prefer to simply sit and absorb the magnificent panorama. As the sun sets, casting pink hues across the snowfields, we feel an overwhelming sense of achievement at having reached this sacred place. The thin air makes sleeping challenging, but the experience of spending a night surrounded by such majestic peaks is truly unforgettable.

Day 11: Acclimatization day at Annapurna Base Camp (4,130m/13,547ft) and pre-climb training

Today is dedicated to preparing for our Tent Peak climb, allowing our bodies to adjust to the high altitude while learning essential mountaineering skills. After a leisurely breakfast, our experienced climbing guides conduct a thorough training session on the snowfields near ABC. We practice using crampons, ice axes, and rope techniques, gaining confidence in our ability to navigate the glacier terrain we'll encounter on Tent Peak.

In the afternoon, we take a short hike to nearby viewpoints for even more spectacular perspectives of the sanctuary. Our guides (Kipa and his team) explain the climbing route in detail and check all our equipment to ensure everything is in perfect order. As we relax in the dining hall that evening, reviewing maps and discussing strategy, the excitement among our group is palpable. The mountains outside glow in the moonlight, a silent reminder of the challenge that awaits us tomorrow as we begin our ascent toward Tent Peak Base Camp.

Day 12: Trek ABC to Tent Peak Base Camp (5,695m/18,684ft) - 5 to 6 hours trek

Leaving the comforts of ABC behind, we begin our climb toward Tent Peak, traversing moraines and glacial streams as we ascend into higher, more remote terrain. The landscape becomes increasingly rugged and dramatic, with the South Annapurna Glacier sprawling before us. We move carefully over rocky terrain, feeling the altitude as we climb above 4,500 meters. Our guides set a steady pace, reminding us to drink frequently and monitor our bodies for any signs of altitude sickness.

After several hours of challenging hiking, we reach our Base Camp location on a rocky plateau with stunning views of Tent Peak and the surrounding glaciers. Our support team quickly establishes camp, pitching sturdy tents and preparing a hot meal. As the temperature drops rapidly after sunset, we retreat to our sleeping bags early, knowing we'll need all our energy for tomorrow's move to High Camp. The night is incredibly still and silent at this altitude, with the stars shining brilliantly above the silhouettes of the surrounding peaks.

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Day 13: Trek Base Camp to High Camp (5,230m/17,159) - 3 to 4 hours trek

Today's short but demanding climb to High Camp takes us onto the glacier proper. After breakfast, we don crampons and rope up for safety as we navigate the crevassed terrain. The ascent is steep in sections, requiring careful foot placement and efficient use of our ice axes. Our guides choose the safest route, periodically stopping to assess conditions and point out interesting glacial features.

Reaching High Camp by early afternoon, we're rewarded with breathtaking views across the Annapurna Sanctuary. The camp is situated on a relatively flat snowfield, with Tent Peak's summit pyramid looming dramatically above us. We spend the remaining daylight hours organizing gear, melting snow for water, and reviewing our summit plan. As the sun sets, the temperature plummets, and we retreat to our tents to rest before our very early alpine start. Despite the excitement, we manage to get a few hours of sleep, bundled up in all our layers against the freezing night temperatures.

Day 14: Summit Tent Peak or Tharpu Chuli (5,695m/18,684ft) and back to Base Camp – 7 to 8 hours trek/climbing

We wake at 2 AM to clear skies and begin our summit attempt by headlamp. Moving carefully in the darkness, we follow our guides up the steep snow slopes, the only sounds being our crampons biting into the firm snow and our steady breathing in the thin air. As dawn breaks, we're treated to an unforgettable sunrise over the Himalayas, with the entire Annapurna range glowing pink and gold.

The final summit push is challenging but exhilarating, with some steep sections requiring careful front-pointing with our crampons. When we finally reach the summit, the 360-degree view is absolutely breathtaking - from Dhaulagiri in the west to Manaslu in the east, with the entire Annapurna massif spread out before us. After celebrating our achievement and taking summit photos, we begin the careful descent back to High Camp, then continue down to Base Camp where our support team welcomes us with hot drinks and a warm meal. Though exhausted, we're filled with an incredible sense of accomplishment from having stood atop one of Nepal's most beautiful trekking peaks

Day 15: Trek Base Camp to Bamboo (2,310m/7,577ft) – 6 to 7 hours trek

After the intensity of our climb, today's long descent feels like a journey back to the green world. We retrace our steps down the moraines and out of the sanctuary, gradually leaving the stark alpine environment behind. Passing through MBC and Deurali, we're amazed at how different everything looks from this direction, with new perspectives on the mountains we'd previously only seen from below.

By lunchtime, we're back in the tree line at Himalayan Hotel, enjoying the warmth and oxygen-rich air of lower altitudes. The afternoon takes us through lush forests to Bamboo, where we celebrate our successful expedition with our support team. The teahouse here feels positively luxurious after our nights camping on the mountain, with comfortable beds and even hot showers available. As we relax in the dining hall that evening, sharing stories and reviewing photos from our climb, we're filled with gratitude for this incredible experience and the team that made it possible.

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Day 16: Trek Bamboo to Jhinu Danda (1,760m/5,773ft) - 5 to 6 hours trek

Our descent continues through beautiful forests alive with birdsong, following the Modi Khola downstream. At Chhomrong, we take a different route than our ascent, descending steep stone steps to the river before climbing up to the charming village of Jhinu Danda. Though our legs protest the ups and downs, the ever-changing scenery keeps our spirits high.

The highlight of the day comes in the afternoon when we visit the famous Jhinu hot springs. Soaking our tired muscles in the warm mineral waters while listening to the river rush by is absolute heaven after our challenging climb. As we relax in the pools, we reflect on how far we've come since first entering these mountains nearly two weeks ago. Back at our teahouse, we enjoy one last night in the mountains, savoring the peaceful atmosphere and the sense of accomplishment that comes with completing such an incredible journey.

Day 17: Trek Jhinu Danda to Nayapul (1071m/3514ft) and drive to Pokhara - 2 hours trek and 2 to 3 hours drive

Our final morning on the trail begins with an easy descent through terraced fields and small villages, crossing several suspension bridges adorned with prayer flags. The landscape becomes increasingly pastoral as we approach Nayapul, with farmers working in their fields and children walking to school. At Birethanti, we stop to have our permits checked one last time before saying goodbye to our porters and boarding our waiting vehicle.

The drive back to Pokhara is filled with laughter and reminiscing about our adventure. Arriving at our comfortable hotel by Lake Phewa, we immediately appreciate the luxuries of hot showers and proper beds. In the evening, we gather for a celebratory dinner at one of Pokhara's excellent restaurants, sharing our favorite moments from the trek and climb. The lights of the city reflecting on the lake create a magical atmosphere, a perfect contrast to the remote mountain environments we've just left behind.

Day 18: Drive Pokhara to Kathmandu (1,338 m/4,390 ft) - 6 to 7 hours drive

After a leisurely breakfast with views of the lake, we board our tourist bus for the return journey to Kathmandu. The drive follows the Marsyangdi and Trishuli rivers, offering one last look at Nepal's beautiful countryside. We stop for lunch at a roadside restaurant, enjoying fresh local produce and reflecting on how our perspectives of Nepal have deepened during this journey.

Arriving back in Kathmandu in the late afternoon, we check into our hotel and have some free time for last-minute shopping in Thamel or visiting any sights we missed at the beginning of our trip. In the evening, Outward Adventure Treks hosts a farewell dinner at a traditional Nepali restaurant, where we're presented with our summit certificates. As we enjoy cultural performances and delicious food, we realize how much we've experienced in these past weeks - not just the physical journey through the mountains, but also the friendships formed and the personal challenges overcome.

Day 19: Final Departure – Airport Drop

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On our final morning in Nepal, we take time to pack our souvenirs and trekking gear, carefully separating the items we'll donate to local organizations from those we're taking home. Some of us choose to visit nearby temples or do some last-minute shopping, while others prefer to relax at the hotel, processing our incredible experiences.

When the time comes for airport transfers, we exchange heartfelt goodbyes with our guides and the Outward Adventure Treks team who have become like family during our journey. As we board our flights home, we look out the window at the Himalayan peaks one last time, already dreaming about our next adventure in this magnificent country. The memories of standing atop Tent Peak, the warm hospitality of the mountain teahouses, and the breathtaking beauty of the Annapurnas will stay with us forever, calling us back to Nepal again someday.