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Mount Cho Oyu Expedition - 45 Days

The word **Cho Oyu** has a beautiful meaning – The Turquoise Goddess, or the Goddess of Turquoise, owing to its colors in the setting sun. The peak offers equally marvelous as the name, standing on the border of Nepal and Tibet. It neighbors **Mt. Everest** (8848.86m/29032ft), the tallest peak of the planet several dozen kilometers to the east

Climbing Cho Oyu (8,201m) is reaching the top of the 6th tallest peak on the planet and is a classic Himalayan climb. The journey will follow the classic climbing route from Tibet. It was first climbed by the small Austrian / Tibetan Team in 1954.

Cho Expedition is technically easier to climb than other 8000'ers peaks, making it a great first 8000-meter peak for climbers with previous high-altitude climbing experience. We transverse Cho Oyu via the West Ridge/?West Face, which has two short technical sections. **Advanced Base Camp (ABC**) (5800 m/19029 ft), Camp I (6500 m / 21325 ft), Camp II (7100 m/ 23294 ft), and Camp III (7400m /24,278 ft) are some of the camps where we acclimatize before climbing Cho Oyu.

For a mountain of such altitude, it poses a moderately demanding difficulty. This makes it the second most climbed eight-thousander in the world, giving ground only to Mount Everest. Climbers are also heartened by the fact that most endeavors end in reaching the summit of Cho Oyu. In fact, it owns the highest success rate of all the 8,000-meter summits.

Cho Oyo situates just right on the Chinese and Nepali border in the northeast of Nepal. Despite Cho Oyo being the easiest of the 8000m plus peaks to climb, it does however still demands a high level of high-altitude climbing expertise and toughness that comes from previous climbing experience. Like other peaks, it exists to be climbed and enjoyed by adventure seekers.

Just a few kilometers to the west of Cho Oyu, there is **Nangpa La Pass** (5716m/18753m) glacier. This pass is the main trading route connecting Tibet and the Khumbu Sherpas of Nepal. This pass lies between **Rolwaling** and **Khumbu Himalayan Ranges**. The core reason why Cho Oyu is considered easier than other 8000m peaks is due to its more moderate faces as you climb the usual northwest route to the summit.

However, it still requires planning and logistical support in order to safely reach the summit and alleviate altitude sickness. Preparation is everything, and **Outward Adventure Treks and Expedition** will leave no chance. We have well-experienced climbing experts who have climbed several mountains including Cho Oyu. They have collected experiences climbing Everest at least 21 times; almost record-breaking ones.

CHO OYU EXPEDITION ROUTE

The journey to Cho Oyu top lasts about 8 weeks, starting and ending in Kathmandu. Since Mount Cho Oyu is situated between Nepal and Tibet, the Cho Oyu Expedition starts in **Kathmandu** with days allocated for the necessary paperwork

and permits before heading into Tibet.

The journey to Cho Oyu base camp can be done either via flights to Lhasa or land through the Rasuwagadhi border. The climbers shall have a few days to acclimatize before driving to the Cho Oyu base camp, and a couple of days of acclimatization at the camp itself.

Then, we hire yaks to transport our expedition supplies to ABC (Advanced Base Camp). On this two-day journey, we will cross rivers, and hike over rocky moraine before we arrive at ABC, ?“our base camp” for a couple of weeks.

Acclimatizing well in the ABC, we climb further up and practice climbing up in the higher camps; Camp I (6500 m / 21325 ft), Camp II (7100 m/ 23294 ft), and Camp III (7400m /24,278 ft) before pushing the summit.

Reaching the top, we enjoy some minutes having the picturesque scenes of the mountains including Everest, Lhotse, Nuptse, Makalu, and dozens of other neighboring peaks of the **Mahalangur Mountain Ranges**. Capturing the sceneries around, we climb back to those camps and further back to the ABC and end our climbing portion and trek back to Cho Oyu Base Camp and drive/fly back to Kathmandu to end our entire adventure.

WHAT DO WE DO ONCE WE REACH BASE CAMP?

Once we reach Mount Cho Oyu Base Camp from Kathmandu by driving, we meet our Tibetan Yak herders (drivers) with their animals. Yaks carry our loads (our gears and necessities) to the Advanced Base Camp which lies at the base of the renowned Nangpa La Pass.

Spending a couple of days here, we make some acclimatizing hikes before pushing to Camp I and further up. With the assistance of our Sherpa crews, we placed Camp I (21,000 ft.) atop the West Ridge.

From here, we do continue practice for moving up and down for around 10 days. Then, we head to Camp II (23,100 ft.) and Camp III (24,500 ft.) which are set up by our Sherpa guides. We repeatedly move up and down the mountain to enhance strong acclimatization and overall fitness. Once our last camp is set and the team has rested for a few days at Advanced Base Camp, we begin the summit climb. Before our summit attempt, team members will spend the night at Camp III sleeping on supplemental oxygen, solidification, and aiding the body’s circulation systems.

Our final summit push begins at around 11 pm. We move ahead with supplemental oxygen on summit day. From High Camp, we ascend the West Face through a rock band and up snow slopes of 25 to 40 degrees to reach the West Ridge proper.

This gentle ridge leads to the large summit plateau at approximately 26,000 ft above sea level. From here we spend the next hour traveling across this plateau to reach the true summit and spectacular 360-degree panoramic views including Everest, Lhotse, Ama Dablam, and the garlands of dozens of Himalayan vistas.

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After reaching the summit, our team descends to Camp II. It takes approximately five days to clear the mountain and move equipment back to Base Camp. Once we arrived at Base Camp and said farewell to our Tibetan yak drivers, we drive back to Kathmandu to end our entire trip.

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PRICE INCLUDES

- All arrival and departure transfer services to and from International Airport.
- Five nights Hotel accommodations in Kathmandu Hotel (4-star category) on BB Plan
- Kathmandu-Kerung-Kathmandu transfer with logistics and staffs
- Tibet travel visa and permit for climbing member and involved staffs
- Cho Oyu climbing permit with Chinese Government Royalty (U$7,500.00 Per/Person)
- Tibetan official Liaison officer for Cho-Oyu Expedition fully paid
- Transportation from Lhasa-Tingri-Chinese Base Camp and all accommodation
- All camping equipment in Base Camp and Advance Base Camp
- Three meals a day during expedition period for expedition members and staff cooked by our cook
- 1:1 experienced Climbing Sherpa Guide and Base Camp Staffs sharing with team
- Cargo and duties clearing assistance service in Kerung border
- Solar panel for light and batteries charger for expedition members
- Each expedition member will have an Individual Tent in the ABC
- Insurance, wages, meal allowances for private Sherpa and sharing base camp staffs
- Ice falls charges and all Tent for Camp 1, 2, 3 Sharing with Private Sherpa
- High altitude food for Sherpa and climbing member
- Per person 50kg baggage allowance carrying by Yak and 40kg baggage allowance while returning
- First Aid medical kits for the Group and the staffs
- Communication device like Satellite Phone & Willkie-Talkie in case of emergency
- Emergency Oxygen with regulator and mask while on mount Cho Oyu Expeditions
- All necessary paper works, office service charge and Government taxes levied in Nepal
- Complete pre-departure information assistance services (if necessary)
- Farewell Dinner in a typical Nepali restaurant with domestic culture show in Kathmandu
- Outward Adventure Team's special Souvenir, Medals and Certificates
- Our Company service Charges

PRICE EXCLUDES

- Lunch and Dinner during your stay in Kathmandu (except farewell dinner)
- Lunch and Dinner during Kerung, Lhasa, Shigatse and Tingri at Hotel
- Items of personal nature, Laundry Expenses, Tips etc
- Expenses incurred towards usage of any communication means
- Clothing, packing Items or bags, personal medical kit, personal trekking/climbing gears
- Any extra services or products or offers or activities not mentioned in the itinerary
- Any extra expenses arising out of various unforeseen situations like natural calamities, landslides, political disturbances, strikes, change in Government regulations etc
- Any additional staff other than specified
- Rescue, repatriation, medicines, medical tests and hospitalization expenses

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- Oxygen bottles, mask and regulators as per demand
- Medical-travel insurance and emergency rescue evacuation if required
- Airfare of international and domestic flights other than specified
- Nepal entry or re-entry visa fee (Visa issuance is easy at the arrival)
- Icefall garbage deposit fees (Sharing with other member) if applicable
- Nepal custom duty fees for import of expedition goods
- Summit bonus for the climbing Sherpa (US$ 1000 is minimum base)
- Tips, gifts
- Any other item not included in the cost includes section

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FAQ

1. What is the Mount Cho Oyu Expedition, and how high is Cho Oyu?

Mount Cho Oyu Expedition is a high-altitude mountaineering expedition to Cho Oyu (8,201m / 26,906ft), the world's sixth-highest mountain, located on the Nepal–Tibet border. The expedition follows the classic Tibet-side climbing route and includes acclimatization at progressively higher camps before the summit attempt. The Outward Adventure Treks package is designed as a 45-day expedition, with the principal climbing period scheduled from Day 14 to Day 39.

2. How difficult is the Cho Oyu Expedition, and who can climb it?

Although Cho Oyu is often described as one of the more technically accessible 8,000-meter peaks, it is still an extreme high-altitude expedition and should not be considered a beginner-level climb. Climbers need strong physical fitness, previous high-altitude mountaineering experience, glacier and rope skills, and the ability to function safely in the extreme environment above 8,000 meters. The expedition involves technical sections and climbs through Camp I at approximately 6,500m, Camp II at 7,100m, and Camp III at 7,400m before the summit push.

3. What is the itinerary and climbing route for the Mount Cho Oyu Expedition?

The 45-day Cho Oyu Expedition begins and ends in Kathmandu. After preparation, permits and expedition briefing in Kathmandu, the journey proceeds through Timure and Kerung into Tibet, followed by acclimatization around Old Tingri and Cho Oyu Base Camp. Climbers then move toward the Intermediate Camp and Advanced Base Camp before beginning the higher-camp rotations. The climbing phase includes repeated acclimatization between ABC, Camp I, Camp II and Camp III, followed by the summit attempt and descent back to Base Camp before returning to Kathmandu.

4. What does the Cho Oyu Expedition package include?

The package includes major expedition logistics such as Cho Oyu climbing permits and government royalty, Tibet travel permits, Kathmandu–Kerung–Kathmandu transportation, accommodation, Base Camp and Advanced Base Camp camping arrangements, three meals per day during the expedition, experienced climbing Sherpa support, yak transportation, emergency oxygen, satellite communication equipment, first-aid supplies and necessary expedition paperwork. An individual tent is also provided at Advanced Base Camp. Personal climbing equipment, international airfare, medical/travel insurance, rescue evacuation, personal expenses and several other items are excluded, so climbers should carefully review the inclusion and exclusion sections before booking.

5. How much does the Mount Cho Oyu Expedition 2027/2028 cost, and is booking open?

Booking is currently open for the Mount Cho Oyu Expedition 2027/2028. The listed starting price is US$26,000 per person, with group pricing available: US$24,700 for 2–5 people, US$23,400 for 6–10 people, and US$22,100 for 11–15 people. Because an 8,000-meter expedition requires extensive permits, logistics, acclimatization planning and high-altitude support, climbers should confirm the latest price, regulations, permits and expedition arrangements directly with Outward Adventure Treks before making a reservation.