

Ghorepani Poonhill Trek - 9 Days

Ghorepani Poonhill Trek often popular as Annapurna Sanctuary Trek, is one of Nepal's best short and easy hikes. It is a perfect short trekking option in Annapurna. This trek allows you to explore the north-western acreages of Pokhara. It is a stunning trekking trail, and the beauty of its views is utterly mesmerizing. It's a great route to walk for inexperienced hikers and for those who just want just to get a taste of hiking in Nepal.

The trek can be done in 3 or 4 days, the route is well-marked, there are many guesthouses and restaurants on the way and quite a few people so no need to worry about getting lost, not being able to find a place to stay or to eat. You will observe the settlements of the Gurung and Magar people with their many temples and monasteries. The pious atmosphere of the religious sites will add unique tranquility to the serene trekking trails.

However, this trip in the Annapurna region is the favorite short trek in Nepal for novice trekkers and families. Besides, the trip embraces an outstanding Himalayan traveling experience within less time and effort. . The Poon Hill is a great trail to do as an acclimatization trek before attempting one of the more challenging routes like the Annapurna Circuit or the Annapurna Base Camp trek.





ITINERARY IN DETAIL

Day 1: Arrival in Kathmandu (1,338 m/4,390 ft)

After landing at Kathmandu Airport (TIA), you will finish your custom formalities and get to the airport waiting terminal where you will find our representatives waiting to greet you having a signboard with your name and logo of Altitude Adventure Treks and Expedition. You will then be transferred to your respective hotel in our private car. You can either rest in your hotel or ramble around Thamel for any gear for your trek.

Day 2: Drive Kathmandu to Pokhara (820m/2,690ft)

We begin our journey to Pokhara, following the route of Prithivi Highway. Pokhara serves as a mecca for travelers and trekkers wishing to trek in the heartlands of the Annapurna region of Nepal. Pokhara is just 200 km from Kathmandu and we will reach there by spending 6-7 hours on the drive.

Upon reaching Pokhara, we will head towards our hotel and check in there. Now you may take showers and soothe your aching muscles and have some drinks. After refreshing, we can go to look around the iconic Lake Side area surrounded by the beautiful views of tranquil Phewa Lake and the soaring Himalayan Mountains.

Day 3: Drive to Nayapul (1,070m/3,510 ft) and trek to Ulleri (1,540m/5,050ft)

Today we begin our actual trek. After breakfast at our hotel, we catch a vehicle and head towards Nayapul which takes about 1 hour and 30 minutes to reach. After driving 42 kilometers, we arrive at Nayapul and we begin our trek towards Tikhedhuna. The trekking experience of walking through several prosperous local ethnic villages begins effectively and takes trekkers towards Tikhedhunga village which is situated at 1,540 meters above sea level.

On the way, we pass the villages like Lumle and Birethanti. From Tikhedhunga, a series of steps carved on the side of a large hill leads you to your destination for today, Ulleri - a Gurung village. Today is one of the most challenging days of the trek. We suggest you stroll down the stairs. Once you arrive in Ulleri, head to a teahouse and give your limbs a much-needed rest.

Day 4: Trek Ulleri to Ghorepani (2860m/9380ft)

Having breakfast, we begin our adventure towards Ghorepani. This portion of the trail is probably the most scenic during spring as the trail is filled with rhododendron blooms and other seasonal flowers. Pause at intervals to stop for a breather and soak in the awe-inspiring views of Machapuchhre (Fishtail Peak) and Annapurna South along with other surrounding peaks.

Once we reach Ghorepani, we check in one of the local lodges for an overnight stay. This village was named once the watering hole for horses and mule packs traveling along the old trade route. It is a large village with majority of Magar and Gurung people. . Poon Hill lies right above Ghorepani. If you are not too tired, you can take a quick hike to Poon Hill to enjoy a mesmerizing sunset.

Day 5: Hike to Poonhill (3,210m / 10,525ft) and back to Tadapani (2,630m / 8,630ft)

Awaking before dawn, we begin our upward hike to Poonhill 3,210m, the highest point of your trek to have the spectacular sunrise views over Annapurna and Dhaulagiri massifs. Standing at the top of it, you will find yourself surrounded by the Himalayan massifs. Enjoy the 360-degree view and watch the spectacular display of light and color as the first rays of the sunlight up the icy blue peaks. The snow-covered Annapurna Massif, Dhaulagiri, Gangapurna, Machhapuchhre, and Hiunchuli turn from red, pink, and orange to a huge chunk of golden yellow. After capturing the amazing scenes, we make our way back to Ghorepani.

After having breakfast at our lodge at Ghorepani, we descend towards Tadapani via Bhandanti village. On the way, we pass through Deurali Danda, another lookout point offering inspiring views of the Annapurna massifs. Colorful prayer flags greet you as you arrive in Tadapani, a village lying at the foot of Mt. Machhapuchhre. Make your way to a teahouse and take a much-needed rest.

Day 6: Trek Tadapani to Ghandruk (1940m/6360ft)

Today we set our journey towards Ghandruk where the way is descending from Tadapani. Initially, we walk passing a thick rhododendron forest. When the rhododendron trees bloom in the spring months, these forests turn into gardens of dazzlingly beautiful flowers, mainly red and pink.

Walking further passing some settlements, beautiful gardens, and backwoods, we reach the village of Ghandruk, an undulated settlement with stone houses mostly inhabited by the Gurung people.

Along with enjoying the stunningly close-up towering views of Fishtail, Annapurna South, and Hiunchuli and their surrounding peaks, we also walk through the village and also visit the Gurung Museum in Ghandruk to acquaint ourselves with the simple but rich cultural traditions of the Gurung people.

Day 7: Trek Ghandruk to Nayapul (1,070m/3,510 ft) and drive back to Pokhara (820m/2,690ft)

This is the last day of trekking and, we trek from Ghandruk to Naya Pul then drive back to Pokhara today. We will walk downhill all the way to Birethanti. We step onto a staircase paved with stone slabs, curving in and out of the village and then terraced farms.

It keeps on going down almost without breaks from Ghandruk until Modi Khola river valley. It feels like having made a downhill marathon as we reach Birethanti. From Birethanti, a half-an-hour's walk takes us into Nayapul. The journey on foot comes to an end at Nayapul. Then, we catch a vehicle and drive to Pokhara. We can stroll around Pokhara lakeside in the evening time.

Day 8: Drive Pokhara to Kathmandu (1,338 m/4,390 ft)

Leaving the Annapurna ranges, and the beautiful city of Pokhara, we make our way to Kathmandu today. It is a 6-7 hours journey to Kathmandu via Prithvi Highway again that follows the Marsyangdi River first and then the Trishuli River while offering a good view of the natural scenery and farmland. The bus will climb one last, and you will enter



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Day 9: Final Departure (Airport Drop)

It is the last day of your trip to Nepal. One of our office representatives will drop you at the airport three hours before your flight departs. Please let us know if you want to explore more of Nepal or the neighboring Himalayan countries- Bhutan, Tibet, and India. We will manage everything for you! We have a range of specially designed itineraries for vacationers looking for a fun-filled vacation or adventurers willing to explore uncharted territories. Hoping for the positive recommendations, we bade a goodbye!

